



KARTSPORT NEW ZEALAND MANUAL

SECTION F HEALTH and DISABILITY, ANTI DOPING CODE and INTOXICATING LIQUOR

Issue 2015-1 published 23-2-15

F HEALTH and DISABILITY, ANTI DOPING CODE and INTOXICATING LIQUOR

F1 HEALTH and DISABILITY DECLARATION

F1.1 SCOPE

All competitors wishing to participate in activities covered under the Regulations, Codes, Rules and Specifications of KartSport New Zealand are required to make a formal declaration of medical aptitude and, if required by the KartSport New Zealand Medical Officer, undergo an annual medical examination.

F1.2 ANNUAL HEALTH & DISABILITY DECLARATION

F1.2.1 Its purpose is to enable the KartSport New Zealand Medical Officer annually to determine whether the competitor has the level of physiological or physical condition required to control a kart in either competition or practice.

F1.2.2 This is obtained by completion of the Health and Disability Declaration Form issued by KartSport New Zealand.

F1.2.3 The completed Health and Disability Declaration Form is dispatched along with the Competition Licence application/renewal to KartSport New Zealand for processing.

F1.2.4 In processing Health and Disabilities, KartSport New Zealand shall refer on to its Medical Officer any declaration with predetermined responses that require consideration of aptitude.

For such referrals, KartSport New Zealand shall advise the applicant of the situation. In such cases the applicant cannot take part in any competition or practice until such time as they have received written authorisation to take part.

The Medical Officer shall determine on behalf of KartSport New Zealand as to whether a;

- (i) Medical Clearance Authorisation can be issued; or
- (ii) Full medical examination is required prior to further consideration; or
- (iii) Medical Clearance Authorisation cannot be issued.

F1.2.5 Should KartSport New Zealand on the advice of its Medical Officer determine that the Health and Disability Declaration submitted by the applicant indicated a level of physiological and/or physical fitness below that deemed acceptable, KartSport New Zealand may seek further information from the applicant or decline to issue a Medical Clearance Authorisation. A licence may be issued under the Disability Classification.

F1.2.6 All costs associated with the Medical Assessment, any follow up assessments, and issuing of the Health and Disability Clearance Authorisation shall be met by the applicant.

F1.3 DECLARATION REQUIREMENTS

F1.3.1 Physiological and Physical

The Health and Disability form and Medical Examination form issued by KartSport New Zealand specify items to be satisfied. The following illnesses and disabilities are deemed incompatible or require medical assessment by the KartSport New Zealand Medical Officer.

F1.3.2 Incompatible illnesses and disabilities:

Epilepsy with behavioural effects, or under treatment; amputations, except in the case of fingers where the grip function in both hands is unimpaired; orthopaedic appliances, if the functional result is not equal or near to normal; free movement of the limbs impeded by more than 50%.

F1.3.3 Illnesses or disabilities requiring a medical assessment by KartSport New Zealand:

Insulin-dependent diabetes, on condition that a confidential document proving the regular supervision of the party concerned and of his treatment is submitted to the Medical Officer approved by KartSport New Zealand and that the Medical Certificate of Aptitude bears the wording "medical supervision necessary", myocardial infarction and myocardial ischaemia, valvular disease or other abnormal cardio-vascular conditions, functional limitation of the articulations of the hand superior to 50% and affecting two or more fingers of the same hand; orthopaedic appliances allowing the party concerned to recover normal or near normal functional activity; psychiatric conditions.

F1.4 EYESIGHT STANDARDS AS REQUIRED

F1.4.1 Visual acuity (before or after correction, sight for each eye should be at least 6/7.5).

Furthermore, any subject whose visual acuity in one eye only is diminished and cannot be corrected and who necessarily has contralateral vision, whether corrected or not, equal to or greater than 6/6, may obtain a competition licence under the following conditions and after examination by a competent ophthalmic specialist:

- (i) Field of vision equal to or greater than 2000
- (ii) Functional stereoscopic vision,
- (iii) Condition of the fundus excluding pigmentary retinal damage
- (iv) Any old or congenital damage shall be strictly unilateral

F1.4.2 Normal binocular vision.

F1.4.3 Normal colour vision (recourse to the Ishihara tables in doubtful cases and to the Beyne Lantern or a similar system in cases of error); in any case, no errors in the perception of the colours of the flags used in international competitions.

F1.4.4 Normal field of vision

F1.4.5 Normal stereoscopic vision (licence should not automatically be issued to applicants who are blind in one eye. KartSport New Zealand upon advice from its Medical Officer may determine conditions and/or restrictions of licence in such cases.)

F1.4.6 The wearing of contact lenses is permitted provided that:

- (i) These shall have been worn for a period longer than 12 months and for a significant period every day.
- (ii) They are certified as satisfactory for motor racing by the ophthalmic specialist who supplied them.

F1.5 MEDICAL EXAMINATION FOLLOWING ACCIDENT OR ILLNESS

F1.5.1 In the event of an accident, whether during a competition or in other circumstances occasioning incapacity for a period of ten days or over, or in the case of an illness or disability as covered in F1.3, the driver (or legal guardian/representative) is required to notify the KartSport New Zealand Medical Officer within 5 days of the accident.

F1.5.2 Either enclosing a confidential medical certificate addressed to the KartSport New Zealand Medical Officer, bearing the diagnosis, the prognosis, and the extent of the injury or infirmity incurred.

F1.5.3 Or by giving authorisation for confidential written communication between the KartSport New Zealand Medical Officer and that person's usual Medical Advisor.

F1.5.4 All the illnesses or disabilities mentioned in F1.3 of these rules must be submitted to the KartSport New Zealand Medical Officer for an opinion.

F1.5.5 In the event of an accident resulting in incapacity for a period of 10 days or longer, a Medical Clearance Authorisation is required to be issued by the KartSport New Zealand Medical Officer. The Medical Officer will only issue such clearance after receipt of a letter, email or other suitable documentation from a Hospital or current Medical Practitioner, confirming full recovery. The Medical Officer may also require the competitor to undergo an annual medical examination to retain a KartSport Licence.

F1.5.6 From the date of the accident or the discovery of illness or disability, as covered in F1.3, no competitor may take an active part in any KartSport New Zealand sporting events until they have received authorisation from the KartSport New Zealand Medical Officer. In such circumstances any medical clearance authorisation and corresponding competition licence are declared temporarily suspended until the authorisation is received from the KartSport New Zealand Medical Officer.

F1.5.7 Failure to comply with the requirements of this article will give rise to the application of sanctions by KartSport New Zealand.

F1.6 MEDICAL APPEALS

F1.6.1 A Medical Commission appointed by KartSport New Zealand will be called upon to determine any issue arising between the KartSport New Zealand Medical Officer and Competitors.

A competitor may possibly be required to undergo an observed test drive in the presence of a doctor, or a member of the Medical Commission.

The decisions reached by the Medical Commission will be recognised in all other countries falling under the sporting jurisdiction of the CIK-FIA.

F1.6.2 Any competitor who intends to appeal against any decision of the KartSport New Zealand Medical Officer must deliver an intention to appeal to the National Secretary of KartSport New Zealand within seven (7) days of the announcement of the decision being appealed. Such intentions shall be accompanied by the prescribed Medical Appeal Fee. (Refer Section B Appendix 2)

All costs associated with calling the Medical Commission and their attendance fees in hearing the matter will be the responsibility of the appellant unless the findings of the Commission deem otherwise.

F2 ANTI-DOPING CODE, DRUGS and INTOXICATING LIQUOR

F2.1 Pursuant to Clause B21 of the Constitution and Rule C3.2 of the Judicial Code, all competitors and officials are subject to the international rules covering the use of drugs in sport.

F2.2 KartSport New Zealand has adopted the Sports Anti-Doping Rules which are managed by Drug Free Sport New Zealand. The Sports Anti-Doping Rules detail the judicial process to be followed. Any penalties imposed will be as determined by this judicial process.

Note: *The Sports Anti-Doping Rules can be found on the Drug Free Sport New Zealand website www.drugfreesport.org.nz*

F2.3 Prohibited Substances

F2.3.1 The list of prohibited substances published by the World Anti-Doping Agency and any additional provisions, are set out on the Drug Free Sport NZ website.

Note: *Further enquiries about forbidden drugs can be obtained by contacting the agency's Hotline 0800 DRUG FREE (0800 378-437). The reference list of substances is regularly updated. Competitors can also obtain a booklet from Drug Free Sport NZ entitled "Drug Testing – Athlete Rights and Responsibilities."*

F2.3.2 It is the competitor's and official's responsibility to ensure that prior to entering/participating in any event that any substance taken does not contravene the list of banned substances.

F2.3.3 Prohibited substances include, but are not limited to, the following classes:

- a. Anabolic Agents
- b. Hormones and related substances
- c. Beta-2 Agonists
- d. Hormone Antagonists and Modulators
- e. Diuretics and other Masking Agents
- f. Stimulants including benzylpiperazine (BZP)
- g. Narcotics including Cannabinoids
- h. Glucocorticosteroids
- i. Beta Blockers
- j. Alcohol
- k. Any other substance(s) that may be prescribed from time to time.

F2.4 TESTING

F2.4.1 Prohibited substance and alcohol testing will be undertaken.

F2.4.2 Testing of Minors. Where a minor is a competitor, consent to testing is considered to be given, by a person of legal responsibility for that minor, upon receipt by the Organisers of that Series, or Event of the signed Entry Form for that competitor.

F2.4.3 KartSport New Zealand will ensure that all testing procedures and processes are conducted in accordance with the protocols established from time to time by Drug Free Sport NZ.

F2.4.4 Testing for Prohibited Substances

F2.4.4.1 Drug testing will be undertaken by Drug Free Sport NZ.

F2.4.4.2 Where a positive result for a prohibited substance is confirmed by Drug Free Sport New Zealand, the competitor or official will be suspended immediately.

F2.4.5 Testing for Alcohol

F2.4.5.1 Alcohol testing will be undertaken by an Official(s) appointed by the National Steward. This Official(s) will be judge of Fact – Alcohol Testing. The name(s) of the Judge(s) of Fact – Alcohol Testing will be posted on the Official Notice Board. An approved digital breathalyzer will be used. The tolerance for breath alcohol has been fixed at zero.

F2.4.5.2 No competitor will be allowed to compete if a positive test is given. A competitor returning a positive test will be given the opportunity to take a second test within twenty (20) minutes of the first test. Any competitor returning a second positive test will not be permitted to take any further part in the meeting until such time as a twelve (12) hours stand-down period has been observed, taken from the time of the second test and a zero reading is obtained from that competitor.

F2.4.5.3 No official will be allowed to officiate if a positive test is given. An official returning a positive test will be given the opportunity to take a second test within twenty (20) minutes of the first test. Any official returning a second positive test will not be permitted to take any further part in the event until such time as a twelve (12) hours stand-down period has been observed, taken from the time of the second test and a zero reading is obtained from that official.

F2.5 PRESCRIPTION MEDICATION EXEMPTION

F2.5.1 At Licence application or renewal (for a condition requiring continuous treatment) or when a competitor/official is obliged to follow a treatment requiring him or her to take prohibited medication, they shall contact KartSport New Zealand at least 21 days before the event, for an application to the KartSport New Zealand Medical Officer for a Therapeutic Use Exemption (TUE). A reply (positive or negative) will be supplied to the applicant and KartSport New Zealand advised by the Medical Officer. KartSport New Zealand will maintain a dossier of TUEs.

F2.5.2 In the event of anti-doping control tests, the competitor/official will be required to produce the TUE to the testing authority.

F.2.6. INTERNATIONAL EVENTS

If a competitor holds a TUE issued by the KartSport New Zealand Medical Officer and wishes to compete in an international event they must advise KartSport New Zealand at least 45 days prior to the event. The driver's TUE dossier held by KartSport New Zealand will then be forwarded to the FIA-CIK for validation. In the event of refusal, notification will be given to the competitor and KartSport New Zealand within 15 days.